

Caspian Journal of Neurological Sciences "Caspian J Neurol Sci"

Journal Homepage: http://cjns.gums.ac.ir

Review Paper





The Role of CSF Biomarkers in Discriminating Between Cerebral Amyloid Angiopathy and Alzheimer's Disease **Patients: Systematic Review of Clinical Studies**

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citation Razmkhah Z, Mosleh H, Aghazadeh-Habashi K, Pouraminaee F, Samadian M, Dadras H, et al. The Role of CSF Biomarkers in Discriminating Between Cerebral Amyloid Angiopathy and Alzheimer's Disease Patients: Systematic Review of Clinical Studies. Caspian J Neurol Sci. 2024; 10(4):278-293. https://doi.org/10.32598/CJNS.10.39.490.3

Running Title CSF Biomarkers in CAA and Alzheimer Disease



doi)°https://doi.org/10.32598/CJNS.10.39.490.3



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ABSTRACT

Background: Alzheimer disease (AD), the most prevalent cause of dementia, is characterized by cognitive impairments and gradual memory loss. One of the most common neurological disorders affecting older people is cerebral amyloid angiopathy (CAA), which is defined by the buildup of amyloid β (A β) peptides in the walls of small and medium-sized cerebrocortical blood vessels as well as the leptomeninges. CAA and AD have several molecular, pathological, and clinical commonalities, like levels of AB peptides, total tau (t-tau), and phosphorylated tau (p-tau) in cerebrospinal fluid (CSF).

Objectives: The main objective of this study is to compare AB and tau protein indicators in the CSF of individuals with CAA or AD versus a healthy control group.

Materials & Methods: Medline, Web of Science, Google Scholar, and Embase databases were searched for relevant studies published from 2009 to 2022. Ten observational studies that reported the levels of t-tau, p-tau, Aβ40, Aβ42, or Aβ42/Aβ40 ratio in the CSF of AD and CCA patients were

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Article info:

Received: 18 May 2024 First Revision: 02 Jun 2024 Accepted: 29 Jun 2024 Published: 01 Oct 2024 included.

Results: The results showed that CAA and AD patient groups have higher p-tau and t-tau levels than the control group. Significantly lower concentrations of t-tau, p-tau, and $A\beta40$ are observed in the CSF of CAA compared to AD patients.

Conclusion: We found that CSF p-tau, t-tau, and $A\beta40$ levels as reliable biomarkers can help diagnose and differentiate AD and CAA. Our study indicates that CSF biomarkers t-tau, p-tau, $A\beta40$, and $A\beta42/A\beta40$ ratio can be used in the clinical setting to distinguish between CAA and AD.

Keywords: Cerebral amyloid angiopathy (CAA), Alzheimer disease (AD), Amyloid β (A β), Cerebrospinal fluid (CSF)

Highlights

- Patients with cerebral amyloid angiopathy (CAA) and Alzheimer disease (AD) have higher p-tau and t-tau levels than the control group.
- Significantly lower concentrations of t-tau, p-tau, and A β 40 are observed in the cerebrospinal fluid (CSF) of patients with CAA compared to AD.
- CSF p-tau, t-tau, and A β 40 levels as reliable biomarkers can be markers in the diagnosis and differentiation between patients with AD and CAA.

Introduction



lzheimer disease (AD), the most predominant cause of dementia, is characterized by advanced memory impairment and cognitive disabilities. Extracellular amyloid β (A β) plaques and hyper-phosphorylated

tau in the form of intracellular neurofibrillary tangles (NFTs) are the two main pathological hallmarks of AD [1]. Extracellular A β peptides are produced directly by the sequential cleavage of the amyloid precursor protein by β -secretase one and γ -secretase, or they can be transferred into the extracellular space from the endosomes, which contain β - and γ -secretase. Post-translational alterations, including phosphorylation, acetylation, ubiquitination, and truncation, generate pathological tau. These alterations often lead to AD-associated tauopathy, characterized by conformational changes in tau protein, its aggregation, and the formation of toxic oligomers and NFTs [2].

Cerebral amyloid angiopathy (CAA) is a highly prevalent neurological disorder among older people, defined by the accumulation of $A\beta$ peptides within the leptomeninges and walls of small- and medium-size cerebrocortical blood vessels. The deposition of amyloid weakens vasculature and cerebral blood vessel integrity loss, which may manifest in lobar intracerebral hemorrhages (ICH) and cognitive impairment [3]. $A\beta$ peptides par-

ticipate in the pathogenesis of CAA and are the major components of amyloid plaques found in both cerebral vasculature and brain parenchyma. In vascular deposits, $A\beta$ appears mainly as a 39–40 amino acid peptide ($A\beta\nu$) in contrast to the 42–43 amino acid peptides that predominate in plaques ($A\beta p$) [4-6]. In CAA, depositions include $A\beta 40$ and $A\beta 42$, with $A\beta 40$ being the dominant form. Increased $A\beta 40$ accumulation is related to the progression of CAA [6-8].

Body fluid biomarkers are typically measured in either cerebrospinal fluid (CSF) or blood due to the ease of collecting these clinical materials. This measure facilitates repeat testing, allowing us to monitor disease-related processes and provide perspectives on disease dynamics [9]. AD biomarkers include CSF levels of total tau (t-tau), phosphorylated tau (p-tau), and Aβ42, which are associated with brain amyloid content and neurodegenerative processes [10, 11]. Changes in Aβ42 concentrations in the CSF (but not the plasma) have been proposed as a possible AD diagnostic criterion [12, 13]. However, increasing evidence indicates that the Aβ42/Aβ40 ratio could benefit the differential diagnosis between AD and other dementias [14]. CSF protein profile in CAA differs from that in AD [10]. The direct evaluation of tau, Aβ peptides, and also other protein markers in the CSF of CAA patients reveals that measurements of t-tau, ptau181, Aβ40, and Aβ42 could help distinguish CAA and AD patients from controls [14].



Although CAA and AD have numerous molecular similarities, they are not identical [4]. Both are associated with aging, and it has proven difficult to distinguish between vascular brain pathology in CAA and classical AD [15]. CAA can be diagnosed as a standalone disorder or can accompany AD [7]. According to neuropathological studies, more than 90% of AD patients with confirmed plaques and tangles also display signs of CAA, which is caused by Aß infiltrating into the brain vasculature. However, CAA is also a common condition in non-demented older people, with prevalence rates estimated to range between 20% and 40% [15]. Thus, additional diagnostic criteria are needed to verify the clinical diagnosis due to the pathological and clinical similarities between CAA and AD [16]. Cumulative evidence suggests that CSF biomarkers, t-tau, p-tau, Aβ40, and Aβ42/Aβ40 ratio, can differentiate between CAA and AD [7, 14]. This systematic review aimed to identify all available studies that measured t-tau, p-tau, and or Aβ peptides in the CSF of CAA and AD patients and control subjects. This systematic review aims to establish whether changes in the CSF levels of these proteins could be used as biomarkers, allowing the differential diagnosis between CAA, AD, and control groups. To the best of our knowledge, a systematic review comparing protein biomarkers in the CSF of CAA and AD patients has not been conducted before. Previous systematic reviews have focused on differential diagnosis between AD patients and controls.

Materials and Methods

Literature search strategy

The relevant English articles published from 2009 until 2022 were explored in Medline, Web of Science (WoS), Embase, and Google Scholar. Two authors independently searched using the following key terms and Booleans: ((Alzheimer's disease) OR (Alzheimer type dementia*) OR (ATD) OR (AD) OR (primary senile degenerative dementia) OR (acute confusional senile dementia) OR (presenile dementia)) AND ((cerebral amyloid angiopathy) OR (CAA) OR (HCHWA) OR (cerebrovascular amyloidosis)) AND ((Aβ40) OR (Aβ42) OR (amyloid-β40) OR (amyloid-β42) OR (tau protein markers) OR (p-tau) OR (t-tau)). The reference lists of all identified studies were also reviewed.

Eligibility criteria

Papers written in English and published in peerreviewed journals that met all the following inclusion criteria were considered: (1) Observational studies, which (2) report the levels of t-tau, p-tau, Aβ40, Aβ42, or Aβ42/Aβ40 ratio (3) in the CSF of (4) CAA and AD patients, and (5) compare the concentrations of the above proteins in the CSF of CAA and AD patients, or between CAA and or AD patients and a control group. The exclusion criteria were as follows: (1) Non-English studies, (2) animal studies, (3) review articles, conference papers, book chapters, and case reports, (4) studies without randomized sampling, (5) studies reporting the above protein levels only for the AD or CAA patients, (6) studies reporting concentration of the above proteins only in the plasma or the serum of patients, and (7) studies with low-quality scores.

Screening and data extraction

The studies our search assessed were initially screened by their "titles" and "abstracts". Then, the full texts of selected articles were examined, and eligible articles were included in our study. Relevant data, including authors' names, year of publication, country of origin, the sample size for the patient and control groups, statistical methods and criteria used, and tau and $A\beta$ concentrations in the CSF, were independently extracted from the included studies by two authors. The results were compared, and any discrepancies were corrected with the help of an additional author.

Results

Study selection

As shown in Figure 1, we extracted 2196 studies for the initial screening after removing duplicated manuscripts. From this deduplicated list, 10 studies were chosen for the analysis. The included studies were published between 2009 and 2024 (Table 1).

Diagnostic tools

Most studies selected CAA patients based on the imaging results determined by Boston's probable CAA criteria. One study [17] used neuropathological confirmation for the CAA diagnosis, and two others [10, 18] employed Chung diagnostic criteria.

While most of the included studies identified AD patients based on the diagnostic criteria of probable AD defined by the National Institute of Neurological and Communicative Disorders and Stroke/AD and Related Disorders Association, Renard et al. [18], Margraf et al. [14], Marazuela et al. [17], and Grangeon et al [19] validated AD diagnosis based on the diagnostic criteria of



Table 1. Overview of human studies of CSF biomarkers in AD and CAA



Author(s), Year of Publi-	Country	Measure and Statistical	Sample Size	Aβ42 Con- centration in the CSF [The	Aβ40 Concentration in the CSF [The	Aβ42/Aβ40 Ratio in the	P-tau Con- centration in the CSF [The	T-tau Con- centration in the CSF [The	Comparison Between CAA and AD	Diagnostic Tools
cation		Criterion		change compared to CG]	change com- pared to CG]	ว้	change com- pared to CG]	cnange com- pared to CG]	Groups	
			CAA: 10 pa- tients	115 [drastically decreased]	3150 [drastically decreased]	0.032 [Decreased]	62.1 [increased]	316 [increased]	Aβ42 concentration is higher in AD patients	
Banerjee et al., T 2020. [9]	The United Kingdom	Median, pg/mL	AD: 20 patients	323 [decreased]	6470 [decreased]	0.049 [Decreased]	92.8 [(drastically increased [~2X)]	657 [drastically in- creased [~3X)]	(~3X). Aβ40and t-tau concentrations are higher in AD	Confirmed by the Boston criteria
			CG: 10 control participants	520	0689	0.076	49.5	250	patients (~2X). P-tau concen- tration is higher in AD patients.	
			CAA: 31 pa- tients	347 [increased]	7008 [decreased]	·	62 (drastically in- creased [~2X)]	444 (drastically in- creased (~2X)]	T-tau concentra- tions are higher in AD natients	:
Margraf et al., 2022 [14]	Germany	Median, pg/mL	AD: 28 patients	340 [decreased]	7997 [decreased]	r	98 (drastically in- creased [~3X)]	597 (drastically in- creased [~3X])	(~3X). P-tau concentration is higher	Confirmed by modified Bos- ton criteria
			CG: 30 control participants	709	8443	ı	32	211	in AD patients (~3X).	
			CAA: 13patients	560 [decreased]	12138 [decreased]		46 [increased]	412	T-tau and p-tau concentrations	
			AD: 42 patients	471 [decreased]	16039 [increased]	ı	94 (drastically in- creased [~2X)]	718 (drastically in- creased [~3X)]	or CAA patients are higher than controls. P-tau and t-tau	
Renard et al., 2012. [20]	France	Median, pg/mL	CG: 14 partici- pants	789	15424	•	41	210	concentrations of CAA patients are lower than AD patients. AB42 of CAA patients was significantly lower than controls. AB40 of CAA patients was significantly lower than AD patients.	Confirmed by modified Bos- ton criteria



Change Compared to CG] Change Compared to CG] Change Compared to CG] CAA: 23 pared to CG] A5 42 44	Country	Measure	Sample Size	Aβ42 Concentration in the CSF [The	Aβ40 Concentration in the CSF [The	Aβ42/Aβ40 Ratio in the	P-tau Con- centration in the CSF (The	T-tau Con- centration in the CSF [The	Comparison Between	Diagnostic
CAA: 23 pa-tients 360 tients 7911.1 - 45 tients AD: 26 patients 514.6 tients - 32.4 tients CG: 37 control participants 895 tients - 28 CAA: 63 participants 490.2 tients 9171.9 tients 0.060 tiencreased] 61.1 tiencreased] AD: 27 patients (decreased) (increased) (increased) (increased) (increased) 56.6 tiencreased) CAA: 10 participants (decreased) (idecreased) (idecreased) - 45 tients CAA: 10 participants (decreased) (idecreased) (idecreased) - 45 tients CAA: 10 participants (idecreased) (idecreased) (increased) (increased) (idecreased) (increased) AD: 42 patients (idecreased) (increased) (increased) (increased) - 92 tients CG: 14 control Partici- participants 765 tients - 42 tients		Statistical Criterion		Change Compared to CG]	Change Compared to CG	CSF	Change Com- pared to CG]	Change Compared to CG	CAA and AD Groups	Tools
AD: 26 patients 514.6 patients - 32.4 CG: 37 control participants 895 10187.9 - 28 CA: 63 pa-ticipants tients 490.2 participants 9171.9 (decreased) (decreased) (increased) (increased) 61.1 participants AD: 27 patients 12588 (decreased) (increased) (increased) (increased) (increased) (increased) 11633 (o.089 o.089 o.			CAA: 23 pa- tients	360 [decreased]	7911.1	ı	45 [increased]	403 [increased]	T-tau concentra- tions are higher	{
CG: 37 control participants 895 10187.9 - 28 Participants tients 490.2 (decreased) 9171.9 (decreased) 0.060 61.1 (decreased) AD: 27 patients 350.7 (decreased) 11633 (decreased) 0.060 92.9 (decreased) CG: 21 control participants 742.7 (decreased) 11633 (decreased) 0.089 (decreased) 56.6 (decreased) CAA: 10 pa-tients 604 (decreased) 13246 (decreased) - 45 (decreased) AD: 42 patients 459 (decreased) 15702 (increased) - 92 (decreased) CG: 14 765 (148 (decreased)) - 42 (decreased)		Median, pg/mL	AD: 26 patients	514.6 [decreased]		,	32.4	328	in CAA patients (~2X). P-tau concen-	CCases were neuropathologically confirmed
CAA: 63 pa- tients 490.2 tients 9171.9 tients 0.060 tienceased] tienceased] (decreased] tienceased] 61.1 tients AD: 27 patients tients 350.7 tients 12588 tients 0.040 tienceased] tienceased] tienceased] 92.9 tienceased] CG: 21 control participants 742.7 tients 11633 tienceased] tienceased] tienceased] tienceased] 11633 tienceased] tienceased] 56.6 tienceased] tienceased] CAA: 10 pa- tients 400 decreased] tienceased] tienceased] tienceased] 15702 decreased] tienceased] 15702 decreased] tienceased] 15702 decreased] tienceased] AD: 42 patients AD: 42 patients To AD: 42 pat			CG: 37 control participants	895	10187.9	,	28	231	tration is higher in CAA patients (~2X).	with CAA.
AD: 27 patients 350.7 12588 0.040 92.9 CG: 21 control 742.7 11633 0.089 56.6 participants 604 13246 - 45 tients (decreased) (decreased) -			CAA: 63 pa- tients	490.2 [decreased]	9171.9 [decreased]	0.060 [decreased]	61.1 [increased]	409.7 [increased]	T-tau (P=0.008), p-tau (P=0.004),	:
CG: 21 control participants 742.7 11633 0.089 56.6 CAA: 10 participants tients 604 13246 - 45 CAA-I: 9 partients 400 9457 - [increased] CAA-I: 9 partients 459 15702 - [decreased] AD: 42 patients [decreased] [increased] [increased] CG: 14 765 13684 - 42 Pantici- pantici- pants 765 13684 - 42		Mean, pg/mL	AD: 27 patients	350.7 [decreased]	12588 [increased]	0.040 [decreased]	92.9 [increased]	661.9 [increased]	and Aβ40 (P=0.001)	Confirmed by modified Bos-ton criteria
CAA:10 pa- filter 604 bit line seed 13246 bit line seed 45 bit line seed 46 bit line seed 47 bit line seed Control Partici- pants 765 bit line seed - 765 bit			CG: 21 control participants	742.7	11633	0.089	56.6	365.4	are higher in AD patients.	
CAA-I: 9 pa- tients 400 9457			CAA: 10 pa- tients	604 [decreased]	13246 [decreased]	ı	45 [increased]	396 [increased]	CAA-I patients had significantly	
AD: 42 patients [decreased] [increased] [increased] [increased] [CG: 14			CAA-I: 9 pa- tients	400 [decreased]	9457 [decreased]	ı	37 [decreased]	333 [increased]	lower A§42 (P<0.001), insignificant lower	
AD: 42 patients [decreased] [increased] [increased] [orceased] [or									Ap40 (P=0.051), and insignificant higher t-tau (P=0.051) levels in comparison	
765 13684 - 42	_	Median, pg/mL	AD: 42 patients	459 [decreased]	15702 [increased]	ı	92 [increased]	704 [increased]	group. CAA-I patients had significantly	Chung criteria
765 13684 - 42									(P<0.001), t-tau (P<0.001), and p-tau (P<0.001) levels in com- parison to AD	
- 765 13684 - 42			()						patients.	
			CG: 14	765	13684		42	207		
			Control Partici- pants	3			ļ	ì		

Abbreviations: AD: Alzheimer disease; CAA: Cerebral amyloid angiopathy; CSF: Cerebrospinal fluid; CG: Control group.



Alzheimer dementia according to the National Institute on Aging and Alzheimer's Association.

AD patients had a final diagnosis confirmed in all studies based on imaging data, CSF biomarker measurement, and clinical evaluation. Since CAA leads to lobar hemorrhage, vascular dysfunction, and cognitive decline independent of AD patients with CAA were probably clinically distinctive from AD. However, to prevent overlap and exclude patients with mixed CAA and AD pathology, MRI imaging was performed and reviewed by neuroradiologists for the presence of any cerebral microbleeds, cortical, sub-cortical, and lobar hemorrhagic lesions, and evidence of previous infarction. Specimens from individuals exhibiting these characteristics were excluded from the study. Tau and Aβ levels in the CSF samples were used to identify the probable CAA, AD groups, and healthy individuals. Subjects with evidence or a history of any central nervous system disease, neurodegenerative disease, stroke, arteriovenous malformation, recent brain trauma, or tumor were excluded from the control group.

Contribution of Aß species to CAA and AD

Ten articles analyzing CSF Aβ40 and Aβ42 levels were included in this review. In the study conducted by Li et al. [16] in China, CSF levels of Aβ40 and Aβ42 in 5 CAA patients were compared to those in 20 AD patients. This study had no control group that could be compared with the CAA and or AD groups. All 5 CAA patients, as well as 12 AD patients, were males. The mean age in the CAA and AD groups was 74.4 and 67.3 years, respectively. The Mean±SD CSF levels of Aβ40 in the CAA group were higher than that in the AD group (CAA: 7111 pg/mL; AD: 5115±2931 pg/mL). However, this difference did not seem statistically significant (P=0.15). Statistical t-test was used to compare the means of Aβ40 levels between the two groups. There was no difference between the concentration of A\beta 42 in the CSF from CAA and AD patients (CAA: 660.4 pg/mL; AD: 663.6 pg/mL; P=0.99). In 2016, Renard et al. [10] published a prospective study on 9 patients with CAA-related inflammation in the acute phase. They compared the Aβ protein levels in CSF of these patients to those of 10 CAA patients not displaying acute inflammation, 42 AD patients, 3 patients with primary angiitis of the central nervous system, and 14 controls. Based on the data provided in this study, the CSF concentration of Aβ40 in AD patients was higher than in CAA group and the control subjects. Also, the CAA group was not significantly different from the controls. Aβ42 was higher in CAA (without inflammation) compared to AD patients, though both groups showed a decrease in this biomarker compared to control subjects. In another study, Renard et al. [20] measured CSF biomarkers in 13 CAA patients, 42 AD patients, and 14 controls. They observed that CSF Aβ40 levels in CAA patients decreased significantly compared with the AD patients (CAA: 12138 pg/mL; AD: 16039 pg/mL; P=0.0014). However, the difference between the CSF Aβ40 levels in CAA and control groups was not significant (control: 15424 pg/mL; P=0.20 compared to the CAA group, H-score=1.59). They also observed that CSF Aβ42 levels in the CAA group were significantly lower than in controls (CAA: 560 pg/mL; control: 789 pg/mL; P=0.027). However, the difference between the CAA and the AD group was not significant (AD: 471 pg/mL; P=0.494 compared to the CAA group). Later, in another study, Renard et al. [10] recorded significantly lowered CSF Aβ40 levels (P<0.001) but not significantly lowered Aβ42 levels (P=0.35) in the CAA patient group compared with the AD group. In a prior systematic review and meta-analysis by Charidimou et al. [21], three studies conducted by Renard et al. [18], Verbeek et al. [7], and Martínez-Lizana et al. [22] were investigated. These studies were also included in our work and explained in detail below.

Renard et al. [18] studied 13 CAA patients with lobar hematoma and 42 AD patients compared to 16 control subjects. The CSF levels of Aβ40 and Aβ42 were lower in CAA and AD patients than healthy controls. Compared to CAA patients, the Aβ40 level was almost two-fold higher in AD patients (CAA: 8814 pg/mL; AD: 16039 pg/mL; control: 13413 pg/mL; P=0.0014). The CSF level of Aβ42 was higher in CAA patients when compared to the AD group (CAA: 560 pg/mL; AD: 471 pg/mL; control: 789 pg/mL; P=0.034).

Verbeek et al. [7] studied 17 CAA patients (M/F: 11/6), 72 AD patients (M/F: 34/38), and 58 control subjects (M/F: 28/30). This study demonstrates that Aβ40 and Aβ42 levels in CSF are lower in both CAA and AD patients compared to control subjects. Both Aβ40 (CAA: 2912 pg/mL; AD: 3713 pg/mL; control: 4003 pg/ mL; P=0.0063, the unpaired t-test was used) and Aβ42 (CAA: 355 pg/mL; AD: 433 pg/mL; control: 838 pg/ mL; P=0.039) levels were lower in CAA compared to AD patients. The same result is obtained in 2 other studies included in this review. In a study by Margraf et al. [14], 31 CAA and 28 AD patients with 30 individuals as the control group were studied. When comparing CAA, AD, and controls, they showed that CSF Aβ40 levels did not differ significantly between these groups (CAA: 7008 pg/mL; AD: 7997 pg/mL; control: 8443 pg/mL; P=0.21). They also found that the CSF levels of A β 42



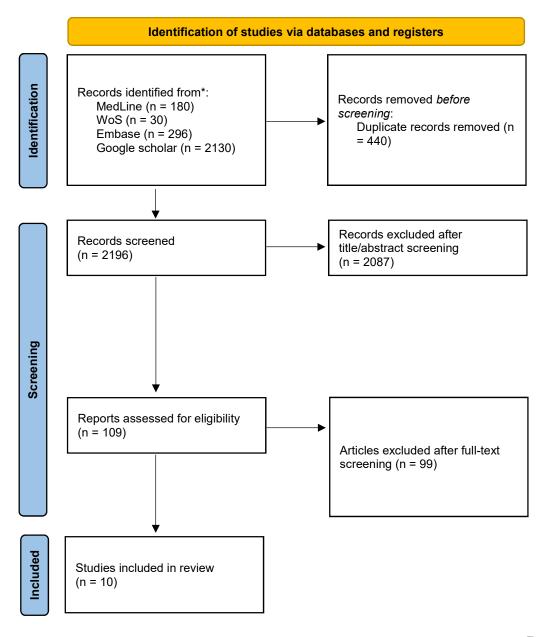


Figure 1. Flow diagram of studies identified in the systematic review

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were lower in both CAA and AD patients compared to the control group (CAA: 347 pg/mL; AD: 340 pg/mL; control: 709 pg/mL; P<0.01). Banerjee et al. [9] assessed 10 CAA, 20 AD, and 10 control subjects. They observed that the Aβ40 level was lower in CAA patients than of AD patients (CAA: 3150 pg/mL; AD: 6470 pg/mL; control: 6890 pg/mL; P<0.001). However, the Aβ42 level was not significantly different between CAA and AD patients and healthy controls, but a slight difference was noticeable when CAA patients were compared to both AD patients and control subjects (CAA: 115 pg/mL; AD: 323 pg/mL; control: 520 pg/mL; P<0.001). Marazuela et al. [17] study of 23 CAA, 26 AD, and 37 controls

also reported lowered CSF Aβ40 levels in CAA patients compared to the control group (CAA: 7911 pg/mL; control: 10187 pg/mL) and decreased CSF Aβ42 levels in CAA patients compared to the AD group and to control subjects (CAA: 360 pg/mL; AD: 514.6 pg/mL; control: 895.1 pg/mL). Martínez-Lizana et al. [22] conducted another study on 12 CAA patients (mean age: 69.8 years; 33% males), 42 AD patients (mean age: 67.6 years; 71% males), and 20 control subjects (mean age: 66.5 years; 45% males). The same pattern was observed in this study. They reported decreased CSF levels of Aβ40 and Aβ42 in both CAA and AD patients, compared to the control subject, and lower levels of both of these bio-



markers in CAA compared to AD patients (Aβ40; CAA: 5247 pg/mL; AD: 6656 pg/mL; control: 7776 pg/mL, P=0.001), (Aβ42; CAA: 325.75 pg/mL; AD: 336.25 pg/ mL; control: 779.5 pg/mL, P=0.001). Also, in another study conducted by Grangeon et al. [19], 63 probable CAA, 27 AD patients, and 21 control patients were studied. They showed that levels of Aβ40 in probable CAA patients were lower than those in AD patients (CAA: 9171.9 pg/mL; AD: 12588 pg/mL; control: 11633 pg/ mL; P=0.001, adjusted P=0.001). On the other hand, the values for Aβ42 in CAA patients were higher than in AD patients (CAA: 490.2 pg/mL; AD: 350.7 pg/mL; control: 742.7 pg/mL; P<0.001). In the study by Li et al. [16], Aβ42 concentration is lower in CAA patients than in AD patients, but Aβ40 and p-tau concentrations are higher in CAA compared to AD patients. Based on the studies reviewed, Aβ40 is a better CSF biomarker to differentiate between CAA and AD since its level was reported to be lower in CAA in 9 of 11 articles included in this review.

Contribution of oligomeric tau to CAA and AD

In the study conducted by Li et al. [16], only p-tau was analyzed. The number of CAA cases in this study was too small, decreasing the reliability of the data. Nevertheless, this study reported that the level of p-tau in CSF was higher in CAA compared to AD patients (CAA: 71.8 pg/mL; AD: 47.7 pg/mL). In contrast, Renard et al. [20] found that the CSF p-tau level in AD patients was twice that of CAA patients and control subjects. The level of ptau was slightly decreased in CAA patients but increased in AD patients compared to control subjects (CAA: 39 pg/mL; AD: 94 pg/mL; control: 41 pg/mL; P<0.0001). CSF t-tau concentration was higher in both CAA and AD patients compared to control subjects with a higher level in the AD group (CAA: 335 pg/mL; AD: 718.5 pg/mL; control: 210 pg/mL; P=0.0031, H-score=8.75). In their previous study, Renard et al. [10] analyzed CSF from 13 CAA, 42 AD patients, and 14 control subjects. They demonstrated that CSF t-tau and p-tau levels increased in AD patients compared to the CAA and control subjects (t-tau, P=0.018; p-tau, P<0.001). The study by Verbeek et al. [7] demonstrates a significant decrease in the p-tau level in the CSF of patients with CAA compared with AD patients (CAA: 66.3 pg/mL; AD: 110 pg/mL; control: 47.9 pg/mL; P=0.0013) and significant increase of its level in the CSF of CAA patients, compared to control subjects (P=0.0009). The CSF t-tau concentrations were significantly lower in CAA subjects than in AD patients (P=0.002). At the same time, there was an increase in both CAA and AD groups when compared to control subjects, and a more than 3-fold increase in the CSF t-tau concentrations was revealed for the AD group

compared to controls (P=0.0009, t=3.46; CAA: 395 pg/ mL; AD: 712 pg/mL; control: 215 pg/mL). According to the study conducted by Martínez-Lizana et al., t-tau and p-tau levels in CAA and AD patients were also elevated [22]. T-tau CSF levels were increased in both CAA and AD groups compared to healthy controls (P=0.002 for AD patients compared to CAA patients, and P=0.0009 for CAA patients compared to controls). Thus, the t-tau concentration in CAA patients was 2.5 times higher than that in control subjects, which was similar to the 3-fold increase of t-tau level in AD patients compared to control subjects (CAA: 512 pg/mL; AD: 620.8 pg/mL; control: 205 pg/mL). P-tau concentration in the CSF of CAA patients was 69 pg/mL, and in AD patients was 80.3 pg/ mL, both of which were approximately 2-fold higher than that of control subjects 37.8 pg/mL (P=0.0013 and t=3.33 comparing CAA and AD groups; P=0.0009). Banerjee et al. [9] reported that the t-tau level was moderately lower in the CSF of patients with CAA compared to the AD group, while the latter had approximately three times higher t-tau level than the control subjects (CAA: 316 pg/mL; AD: 657 pg/mL; control: 250 pg/ mL; P<0.001, P=0.35, and P<0.001, respectively, oneway ANOVA followed by Dunn's post-hoc test). CSF ptau levels in CAA and AD patients increased compared to control subjects, with the highest level in AD patients (CAA: 62.1 pg/mL; AD: 92.8 pg/mL; control: 49.5 pg/ mL). Another study by Renard et al. [10] confirmed lower t-tau and p-tau levels in the CAA group compared to the AD and control groups (for t-tau: CAA: 396 pg/mL; AD: 704 pg/mL; control: 207 pg/mL; P=0.018 and for p-tau; CAA: 45 pg/mL; AD: 92 pg/mL; control: 42 pg/ mL; P<0.001). Margraf et al. [14] found that the CSF ptau level in CAA patients was two-fold higher compared to the control group but decreased in comparison to AD individuals (CAA: 62 pg/mL; AD: 98 pg/mL; control: 32 pg/mL (P<0.01, across all groups, according to the ANOVA). CSF t-tau levels also increased in CAA and AD patients compared to the control group (CAA: 340 pg/mL; AD: 597 pg/mL; control: 211 pg/mL; P<0.01, across all groups). In line with these findings, Renard et al. [20] showed increased CSF t-tau and p-tau levels in AD patients compared to the CAA and control groups. The CSF t-tau values in the AD group were higher than in the CAA group (CAA: 412 pg/mL; AD: 718 pg/mL; control: 210 pg/mL; P<0.01 for comparison across all three groups). The CSF t-tau was higher in CAA compared to controls (P=0.0153), and higher in AD compared to both CAA (P=0.0031) and controls (P<0.001). The same pattern was observed for the CSF p-tau levels (CAA: 46 pg/mL; AD: 94 pg/mL; control: 41 pg/mL; P<0.0001 for all comparisons). However, a study of CSF



biomarker concentrations by Marazuella et al. [17] indicates elevated t-tau (CAA: 403 pg/mL; AD: 328.6 pg/mL; control: 231 pg/mL; P=0.002) and p-tau (CAA: 45 pg/mL; AD: 32.4 pg/mL; control: 28 pg/mL; P=0.001) levels in CAA patients compared to the AD and control group. Moreover, in the study by Grangeon et al. [19], CSF levels of t-tau and p-tau are also low in probable CAA patients compared to AD patients (t-tau: CAA: 409.7 pg/mL; AD: 661.9, P=0.006, adjusted P=0.008 and p-tau: CAA: 61.1 pg/mL AD: 92.9 pg/mL; P=0.003, adjusted P=0.004).

Aβ42/Aβ40 ratio in CSF

Two of three studies showed that the $A\beta42/A\beta40$ ratio in CSF decreases in the AD and CAA groups compared to the normal controls. Banerjee et al. [9] reported that the $A\beta42/A\beta40$ ratio in CAA patients is lower than in AD patients. However, Grangeon et al. reported that [19] the $A\beta42/A\beta40$ ratio in CAA patients is higher than in AD patients. Only one study by Li et al. [16] found that this ratio may increase in AD patients compared to CAA patients, but the difference was not significant.

In conclusion, all studies except Li et al. [16] confirmed that p-tau, t-tau, and A β 40 are reliable biomarkers that may be used in clinical settings to differentiate between CAA and AD. The level of each biomarker in CSF is much higher in AD patients than in CAA patients. However, due to the small sample sizes in the reviewed studies, more research must be conducted to accumulate more reliable data (Figures 2 and 3).

Discussion

CAA is a prevalent cerebrovascular disease that mainly affects elderly patients and results from the deposition of A β protein in cortical, subcortical, and leptomeningeal vessels. It is a significant cause of spontaneous ICH and contributes to age-related cognitive decline [3]. Due to the pathological and clinical similarities between this disease and AD, a differential diagnosis based on biochemical markers is required to corroborate the clinical diagnosis. This systematic review investigated A β 40, A β 42, p-tau, and t-tau as potential biomarkers allowing differential diagnosis between CAA and AD. According to available studies, the biomarkers in the CSF of AD patients are higher than those in CAA patients [7, 9, 10, 18, 22].

CAA is considered a feature of aging and is strongly related to the pathogenesis of AD [23, 24]. A set of criteria mostly concentrated on radiological imaging called

Boston criteria is used to diagnose CAA. According to these criteria, CAA is identified by the occurrence of either two strictly lobar hemorrhagic lesions or a combination of one hemorrhagic lesion and one white matter abnormality. AD is also a significant contributor to ICH in older people. NFTs and the accumulation of A β as senile plaques in cerebral gray matter and walls of blood vessels are the main hallmarks in the neuropathological process of AD. These features imply that the failure to prevent the formation of NFTs in neurons [25] and the failure to properly eliminate A β from the extracellular compartments of the brain [1, 8] are key contributors to the pathogenesis of AD. These two mechanisms can precede each other, and each of these processes can cause the other, leading to AD pathogenesis [26-28].

Moreover, it has been shown that the accumulation of $A\beta$ can lead to reactive oxygen species (ROS) formation, and oxidative stress can cause higher $A\beta$ production [29]. The majority of AD patients exhibit CAA, which is a characteristic of the aging brain. Dementia was also shown to be associated with severe CAA [30]. According to immunocytochemistry, is mainly found in the cortical artery, capillary walls, and the smaller, distant branches of the leptomeningeal arteries.

Aβ40 was higher in the CSF from AD patients than the control subjects and CAA patients [7, 9, 10, 18, 22] in most studies reviewed. However, Li et al. [16] reported lower levels of Aβ40 in the CSF of AD patients compared to CAA patients due to a drawback in this study. Aβ42 levels were also generally reported to be higher in AD patients than in the CAA and control groups [7, 9, 10, 16, 22]. However, Renard et al. [18] measured lower levels of Aβ42 in AD patients than in CAA patients, which is due to a drawback of this study that the control group had disorders with potentially possible associated alterations in AD biomarkers [31-33]. On the other hand, the Aβ42 level was similar in AD and patients with CAA in the study by Grangeon et al. [19]. Aβ42 in the CAA and AD groups was lower than controls in most reviewed studies [7, 9, 19-20, 22]. However, in a study by Margraf et al. [14], the Aβ42 levels in CAA patients were higher than in controls. Aß is known to have a leading part in the pathogenesis of both AD and CAA (Figures 2 and 3).

Naturally, there is a proper balance between producing and clearing $A\beta$ in young human brains, keeping their extracellular level low. This balance might be disturbed in older people and abnormal conditions resulting from impaired $A\beta$ elimination. This condition results in $A\beta$ accumulation in the brain's parenchyma and the formation of senile plaques, as observed in AD [34]. Senile plaques



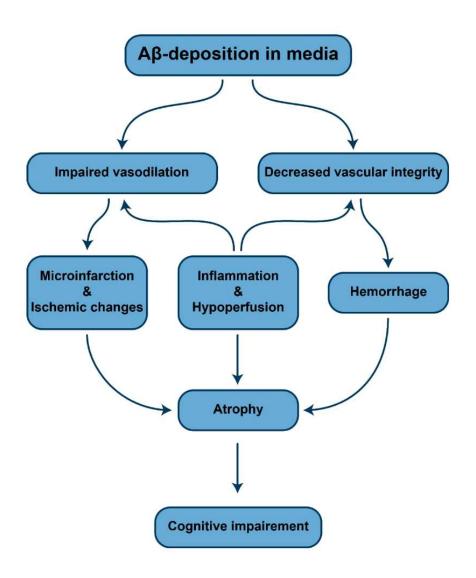


Figure 2. Role of Aβ deposition within cerebral vasculature, parenchymal, and perivascular spaces in progression to dementia

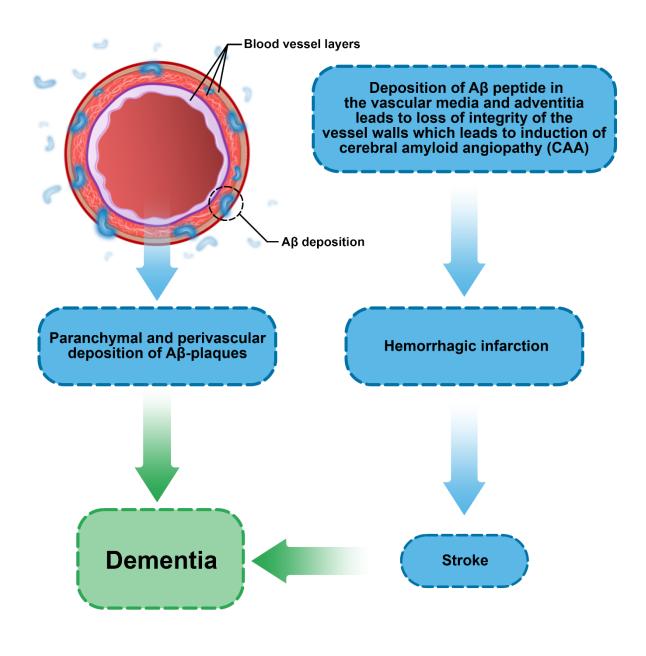
Notes: The main components of both cerebrovascular and extracellular amyloid plaques are $A\beta$ peptides. Accumulating $A\beta$ in cerebral vessel walls plays a role in CAA's pathogenesis. Vascular deposition of $A\beta$ in arteries and veins has a higher $A\beta40/A\beta42$ ratio than neuritic plaques. Although the predominant form of the amyloid deposited in walls of the brain vessels in CAA is $A\beta40$, insoluble $A\beta42$ seems to be the first to accumulate in artery walls, creating a nidus for the $A\beta40$ accumulation in the perivascular space. The deposition of $A\beta$ protein in brain vessels impairs the integrity of cerebral vessels, which may lead to hemorrhagic infarction and dementia.

differ depending on the types of $A\beta$ peptides they contain. The monomeric forms of $A\beta$ peptides consist of 39 to 43 amino acids, with $A\beta40$ and $A\beta42$ as the most important forms [35]. Various factors, such as the $A\beta40$ / $A\beta42$ ratio, determine whether $A\beta$ deposition is parenchymal or vascular. The development of $A\beta$ plaques in CAA and AD differ in how they damage the brain tissue. In AD, the damage is through neuronal and synaptic loss, whereas in CAA, focal lesions are generated in the tissue due to hemorrhage and ischemia in the brain vasculature [36].

Despite $A\beta$ being the most common component of neuritic plaques in AD and vascular amyloid deposits in CAA disease, the length of $A\beta$ peptides appears to vary amongst lesions. $A\beta42$ is primarily found in neuritic plaques, while $A\beta40$ peptides are mostly found in the walls of the cortical and leptomeningeal arteries and veins [37-39]. Vascular deposits include $A\beta42$ as well, but the $A\beta40/A\beta42$ ratio in vascular deposits is greater than in plaques [40]. The $A\beta40/A\beta42$ ratio in capillary amyloid deposits, on the other hand, is lower than in ar-

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 $\textbf{Figure 3.} \ \ \text{Mechanisms through which } A\beta \ \ \text{deposition in the vessel walls contribute to the impairment of cognitive function}$

teries and veins and is comparable to neuritic plaques [40, 41].

In most reviewed studies, t-tau and p-tau in the CSF had higher AD levels than controls. High tau has been linked to the production of NFTs and could result from general brain damage. Unlike AD, NFTs are not among the major pathological criteria for CAA [42, 43]. Compared to control subjects, CSF t-tau and p-tau concentrations are higher in CAA patients but lower than levels measured in AD patients [7, 9, 18, 22]. However, Baner-

jee et al. [9] found no significant elevation in the t-tau and p-tau of CAA patients compared to controls, which may reflect the small sample size in their study. According to Verbeek et al. [7], some AD pathology, even in the non-demented CAA participants, could be a logical explanation for higher tau levels in CAA. They suggested that CSF analysis could help identify CAA patients, although the diagnostic accuracy for distinguishing CAA from AD is still low. CSF study, particularly examining A β 42 in combination with t-tau, appears to be more effective for distinguishing CAA from non-AD controls

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[7]. Usually, tau protein plays a role in stabilizing microtubules in neurons, a process required to organize the cytoskeleton. Conformational changes, misfolding, and modifications, such as hyperphosphorylation of tau protein, result in NFT accumulation and disrupt the organization of microtubules in neurodegenerative disorders [44]. The present review considered t-tau and p-tau levels in AD and CAA. Generally, the reviewed articles demonstrated an elevation in both t-tau and p-tau levels in CAA and AD compared to control subjects. Still, in AD patients, the increase was more pronounced [7, 10, 18, 22].

Evidence suggests a significant link between tau pathology and vascular damage and that tau aggregation initiates a vicious cycle that exacerbates vascular damage. Tau aggregation in cerebrovascular diseases has been linked to endothelial dysfunction and cognitive impairment [45, 46]. Several investigations have demonstrated that pathogenic changes in tau in neurons can affect the functions of the brain endothelial cells, disrupting the integrity of microvasculature [47, 48]. For example, vessel wall remodeling of the leptomeningeal arteries has been demonstrated to be an initial, tau pathology-dependent event that may lead to subsequent CAA microvascular pathology in AD patients [48]. Studies on progressive supranuclear palsy patients have identified increased blood-brain-barrier permeability and tau oligomer accumulation in the cerebral microvasculature [49, 50], highlighting the significance of tau aggregates in maintaining the integrity of the cerebral vasculature. You et al. discovered that perivascular tau aggregates near vascular amyloid were linked to reactive astrocytes [44]. These cells are essential for maintaining the bloodbrain barrier since their end feet connect directly with vascular endothelial cells [51, 52]. However, in tauopathies linked to CAA, tau has been demonstrated to deposit in astrocyte endfeet [51-53]. Furthermore, patients with chronic traumatic encephalopathy (CTE) have been found to have perivascular tau aggregates [54]. These tau deposits were similarly linked to reactive astrocytes in CTE. Therefore, vascular injury, regardless of the etiology (amyloid buildup or CTE), may initiate an astrocytic response that promotes tau aggregation [55]. Given the importance of tau in various neuropathologies characterized by neurovascular dysfunction and the need for parenchymal amyloid deposition before tau can aggregate, it is plausible to speculate that vascular amyloid would rely on tau to induce neurodegeneration. Also, it could be suggested that partial tau reduction might be a useful method for treating CAA-associated dementias [56] (Figures 2 and 3).

Conclusion

This systematic review compared A β and tau protein levels in the CSF of CAA and AD patients to those found in control subjects. Based on this systematic review, CSF p-tau, t-tau, and A β 40 are not valid biomarkers to distinguish between CAA and AD in the clinical setting, as similar results are not observed. CSF total tau, A β 42, and phosphorylated tau may be used as biomarkers for AD. Still, as observed in the several studies evaluated, more investigations must be conducted to distinguish between AD and CAA. Moreover, due to the limited sample sizes examined in the evaluated articles, future research is required to obtain more reliable results that can be used to develop novel treatment methods.

Ethical Considerations

Compliance with ethical guidelines

This study was approved by the Ethics Committee of Shahid Beheshti University of Medical Sciences (Code: IR.SBMU.RETECH.REC.1399.994).

Funding

This research did not receive any grant from funding agencies in the public, commercial, or non-profit sectors.

Authors contributions

Conceptualization and study design: Zahra Razmkhah, Haideh Mosleh, and Komeil Aghazadeh-Habashi; Supervision: Kimia Eyvani; Writing the original draft and final approval: All authors; Review and editing: Mahmood Gorjizad. Zahra Razmkhah and Komeil Aghazadeh-Habashi contributed equally to the paper as the first author.

Conflict of interest

The authors declared no conflict of interest.

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